



# FAST EGYPT

## FOOD STUFFS

[www.fastegyptfood.com](http://www.fastegyptfood.com)



# ABOUT US



Fast Egypt is a leading Egyptian export company specializing in the supply of premium fresh and frozen fruits and vegetables. Established with the vision to bring the best of Egypt's agricultural produce to global markets, we have built strong relationships with trusted growers and maintained strict quality control at every stage of the supply chain.

Our operations encompass sourcing, processing, packaging, and logistics, ensuring a seamless experience for our clients worldwide. With a growing presence in Europe, the Gulf, Asia, and beyond, we are proud to be a reliable supplier for businesses seeking freshness, consistency, and professionalism.





# FROZEN VEGETABLES



# FROZEN MOLOKHIA



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>400 Grams</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>20 Units</b>	<b>1 Unit</b>

# FROZEN OKRA ONE



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>400 Grams</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>20 Units</b>	<b>1 Unit</b>

# GREEN PEAS



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>400 Grams</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>20 Units</b>	<b>1 Unit</b>



# MIXED VEGETABLES



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>400 Grams</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>20 Units</b>	<b>1 Unit</b>



# ARTICHOKE



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>400 Grams</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>20 Units</b>	<b>1 Unit</b>



# GREEN BEANS



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>400 Grams</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>20 Units</b>	<b>1 Unit</b>



# GREEN PEAS & CARROT



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>400 Grams</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>20 Units</b>	<b>1 Unit</b>



# SPINACH



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>400 Grams</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>20 Units</b>	<b>1 Unit</b>



# FRENCH FRIES



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>2.5kg</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>4 Units</b>	<b>1 Unit</b>



**FROZEN**

**FRUITS**



# STRAWBERRY



## PRODUCT DETAILS

<b>Unit Weight</b>	<b>1 kilogram</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>10 Units</b>	<b>1 Unit</b>

# MANGO

## PRODUCT DETAILS

<b>Unit Weight</b>	<b>1 kilogram</b>	<b>10 Kilograms</b>
<b>Packing</b>	<b>Carton Contains</b>	<b>Carton Contains</b>
	<b>10 Units</b>	<b>1 Unit</b>



# FRESH CITRUS



# ORANGE

## PRODUCT DETAILS

<b>Item</b>	Orange (Valencia) - Navel Orange
<b>Season</b>	November to May/January to July
<b>Packing</b>	Basket-Carton
<b>Weight</b>	8-15 kg
<b>Size</b>	Navel ( 36-40-42,48,56,64,72,80,88,100,113) Valencia (48,56,64,72,80,88,90,100,113,125 )

# GRAPEFRUIT

## PRODUCT DETAILS

<b>Item</b>	Early 116 – Wonderful – Baladi
<b>Season</b>	From Decamber to March
<b>Packing</b>	Basket-Carton
<b>Weight</b>	15 kg
<b>Size</b>	23-28-32-36-40-45-48-52-56



# MANDARIN

## PRODUCT DETAILS

<b>Item</b>	Clementine - Satsumas-tangerines
<b>Season</b>	November to January
<b>Packing</b>	Basket-Carton
<b>Weight</b>	5 kg
<b>Size</b>	4 to 8



# FRESH FRUITS



# MANGO

## PRODUCT DETAILS

<b>Item</b>	Naomi – Chile – Austin – Sugary – Yasmine – zubada – Tommy – Owais – Timur – kit – sddeka”
<b>Season</b>	From June to November
<b>Packing</b>	Basket
<b>Weight</b>	5 kg
<b>Size</b>	300g+

# POMEGRANATE

## PRODUCT DETAILS

<b>Item</b>	Early 116 – Wonderful – Baladi
<b>Season</b>	From August to December
<b>Packing</b>	Basket
<b>Weight</b>	5 kg
<b>Size</b>	6-7-8-9-10-11-12-13-14





# FRESH VEGETABLES



# POTATOES

## PRODUCT DETAILS

<b>Item</b>	Nicola – Diamond – Sponta – Kara
<b>Season</b>	From December to July
<b>Packing</b>	Mesh bags
<b>Weight</b>	25 kg
<b>Size</b>	+55



# ONION

## PRODUCT DETAILS

<b>Item</b>	Yellow – Red – Green
<b>Season</b>	All year round
<b>Packing</b>	Mesh bags
<b>Weight</b>	5-10-25kg
<b>Size</b>	5-7 / 7-9



# CONTACT

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